



JOIN LIFETIME HIGHS
On our "Islands in the Sun"
Western Caribbean and Central American Cruise
10 Day ESCORTED CRUISE on the OCEANIA REGATTA
MARCH 9 – 19, 2011

We have selected a wildly interesting itinerary, focusing on ports in Mexico, Guatemala, Belize and Honduras. Our tour offers a wonderful balance of cultural, archeological and relaxing sites. In Belize, visit the beautifully restored temples and plazas of Cahal Pech, a major Mayan site on a hilltop. In Guatemala, we plan to organize a boat ride along the Rio Dulce to Lake Izabal past riverside Mayan villages, lush tropical vegetation and Fort San Felipe. In Costa Maya, Mexico we will tour Chacchoben, where you can climb among the ruins, many of which are still being excavated and look for raucous toucans in the trees. Finally in Roatan, Honduras and George Town, Grand Cayman we will provide you with opportunities to swim and snorkel with shy and gentle stingrays or just luxuriate on miles of exquisite white sand beach.

HIGHLIGHTS: Diverse itinerary, a true Lifetime High! The cruise line, Oceania, has been rated as one of the top 5 Star Cruise Lines by Conde Naste. The service, food and comfort on board Regatta will impress you. The Regatta is a small ship with just 684 guests and 400 professionally trained international staff to ensure you will want for nothing. Couple that with escorted opportunities to explore and experience the amazing ports! Lifetime Highs will organize optional private and unique "**on-shore**" adventures **at each port** that will feature English-speaking guides and comfortable transportation.

CRUISE ITINERARY:

Day 1 Miami, Florida
Day 2 At Sea
Day 3 George Town, Grand Cayman
Day 4 Cozumel, Mexico
Day 5 Belize City, Belize
Day 6 Santo Tomas, Guatemala
Day 7 Roatan, Honduras
Day 8 Costa Maya, Mexico
Day 9 At Sea
Day 10 Key West, Florida
Day 11 Miami, Florida

IMPORTANT DETAILS- Costs vary depending on cabin, air and tour options selected. Deposit required. Registration form attached. Final payment is due November, 2010.

Questions addressed to Leroy Pelletier at 403-282-5734 or email us at lifetimehighs@shaw.ca.



**“Islands in the Sun”
Western Caribbean and Central American Cruise
10 Day Escorted Cruise on the Oceania Regatta
March 9-19, 2011
Registration Form – Please print clearly**

1. Traveler’s Name (Passport Name)

2. Traveler’s Name (Passport Name)

Passport Number: _____

Passport Number: _____

Expiry Date: _____

Expiry Date: _____

Place of Issue: _____

Place of Issue: _____

Place of Birth: _____

Place of Birth: _____

Address:

Address:

City & Postal Code:

City & Postal Code:

Phone Number:

Phone Number:

Email Address:

Email Address:

Birth Date: _____ Age: _____

Birth Date: _____ Age: _____

Citizenship: _____

Citizenship: _____

Frequent Flyer # _____

Frequent Flyer # _____

Do you wish medical insurance? Yes ___ No ___

Do you wish medical insurance? Yes ___ No ___

PREFERENCES:

Inside Cabin _____ Outside Cabin: _____ Balcony: _____ Even #'s: _____ Odd #'s _____

Near Elevator: Yes _____ No _____ Wheelchair: Yes _____ No _____

Airline Seat: Window _____ Left Aisle _____ Right Aisle _____ Middle _____

Do you wish to discuss dietary considerations: Yes _____ No _____

PAYMENT INFORMATION: (deposit varies depending on registration date)

Enclosed: Traveler 1: _____

Traveler 2: _____

SIGNATURE (traveler 1): _____

SIGNATURE (traveler 2): _____

EMERGENCY CONTACT INFORMATION

Traveler 1:

Traveler 2:

Contact’s Name: _____

Contact’s Name: _____

Phone Number: _____

Phone Number: _____

Relationship: _____

Relationship: _____

Mail registration forms & cheques to:

For more information call, email or visit our website:

Lifetime Highs Inc.

Phone: (403) 282-5734 Fax: (403) 220-0689

3408 Caribou Dr. N.W. – Calgary, AB T2L 0S5

lifetimehighs@shaw.ca www.lifetimehighs.com



Lifetime Highs Credit Card Information Sheet

This information is for the sole use of Janice Hague @
Personal Travel Management

Name on card: _____

Credit card type (Visa, MasterCard, etc.) _____

Card Number (on front of card): _____

3-digit PIN (on back of card): _____

Expiry date: _____ / _____
month year

Signature: _____

